

INTENTION

The Intention of this policy is to provide information and direction when the use of restrictive practices may be required.

DEFINITIONS

Restrictive practices are described as:

Containment: physically preventing the free exit of the adult from premises where the adult receives disability service, other than secluding the adult. Note. – it is not regarded as containment if the adult has a skills deficit (e.g. lack of road safety skills) and the adult free exit from the premises is prevented by the locking of gates, doors or windows to prevent him/her from being subject to harm.

Seclusion: is where an adult is physically confined alone, at any time of the day or night in a room or area from which free exit is prevented.

Chemical Restraint is the use of medication for the primary purpose of controlling the adult's behaviour. However, the use of medication for the proper treatment of a diagnosed mental illness or physical condition is not chemical restraint. An intellectual or cognitive disability is not considered a physical condition.

Physical Restraint is the use of, for the primary purpose of behavioural control, a device to either restrict the free movement of an adult or to prevent or reduce self injurious behaviour.

Restricting access is the restricting of the adult's access at a place where the adult receives disability services, to an object to prevent the adult using the object to cause harm to the adult or others. For example, restricting access to a particular cupboard or part of a fridge to prevent the adult eating in a way that is likely to cause harm to the adult or restricting access to a drawer in which knives are kept to prevent an adult from using the knives to cause harm.

POLICY STATEMENTS

- Kalina will comply with the requirements of the relevant Legislation Amendment Act to safeguard the rights of adults with a cognitive or intellectual disability who have “challenging behaviour” and where restrictive practices may be required to manage their behaviour.
- If the Organisation considers it is necessary to use restrictive practices, it must do so consistent with the policy and procedures of the NDIS Policy and related Procedures for Restrictive Practices.
- If restrictive practices are considered necessary to manage the behaviour of an adult with an intellectual or cognitive who is receiving a service from Kalina they should only be used in a way that:
 - Has regard to the human rights of the adult
 - Safeguards the adult or others from harm
 - Is the least restrictive way of ensuring the person and others safety

- Maximises the opportunity for positive outcomes for the person and aims to reduce or eliminate the need to use restrictive practices
- This policy does not apply to:
 - The informal support provided to people with an intellectual or cognitive disability by family and friends
 - Situations where gates, doors and windows are locked to prevent a person with an intellectual or cognitive disability exiting premises without supervision for the sole reason of preventing physical harm to the person with a skills deficit.

PROCEDURES

- If a staff member anticipates or is directed to perform any restrictive practice, he/she will contact the Quality and Compliance Manager for direction
- Authorisation for Restrictive Practices must be in accordance with legislative requirements and NDIS Policy

DELEGATIONS

Quality and Compliance Manager

- To ensure that the Service complies with the current legislation on Restrictive Practices.

Ensure as far as practicable that:

- Appropriate assessment is carried out.
- The appropriate procedures are followed.
- All restrictive practices are appropriately authorized, managed and reported on .
- Work closely with the Behavioral Support Practitioner and ensure any restrictive practice is legally authorized and implemented
- Facilitate the appointment of an independent practitioner for the Panel
- Report an RP
- Liaise with the BSP to reduce and if not , eliminate RP

Support Workers

- Ensure as far as practicable that the appropriate procedures are followed.

REFERENCES

- Disability Services and Other Legislation
- NDIS Policy and Procedures on Restrictive Practices
- NDIS Practice Standards